

Anti-Bullying Plan



Purpose:

Gol Gol School is an inclusive, public school, where students are given every opportunity to reach their full potential in a secure and supportive environment. **Gol Gol Public School says NO to bullying.** Bullying behaviour will be taken seriously and is not accepted in any form. All students deserve the opportunity to succeed in a safe and supporting environment. This Anti-bullying Plan has been developed by the Principal and will be reviewed by staff, students and parents. It outlines strategies that each party should follow in response to bullying behaviour.

Preventing and responding to bullying behaviour is a *shared responsibility* of all Gol Gol School staff, students, parents, caregivers and members of the wider school community. All members of the school community contribute to preventing bullying by modelling and promoting appropriate behaviour and respectful relationships.

The *Anti-bullying Plan* is based on the Values in NSW Public Schools Policy 2004 and Bullying: Preventing and Responding to Student Bullying in Schools Policy 2011 documents.

Audience and applicability:

This Anti-bullying Plan applies to all student bullying behaviour, including cyber bullying, that occurs in NSW government schools and preschools, and off school premises and outside of school hours where there is a clear and close relationship between the school and the conduct of the student. (2.2)

Definition:

The NSW Department of Education & Training defines bullying as: "repeated, verbal, physical, social or psychological behaviour that is harmful and involves the misuse of power by an individual or group towards one or more persons. Cyber bullying refers to bullying through information and communication technologies." (3.1)

Bullying behaviour can be:

* *verbal* e.g. name calling, teasing, abuse, putdowns, sarcasm, insults, threats

- * *Physical* e.g. hitting, punching, kicking, scratching, tripping and spitting
- * *social* e.g. ignoring, excluding, ostracising, alienating, making inappropriate gestures
- * *Psychological* e.g. spreading rumours, dirty looks, hiding or damaging possessions
- * *cyber* e.g. malicious SMS or email messages, inappropriate use of camera phones, inappropriate use of social networking sites (e.g. Facebook) to cause distress, hurt or undue pressure.

School responsibilities:

- * Report Bullying ASAP
- * Respond to incidents of bullying quickly and effectively
- * Model and promote appropriate behaviour
- * Provide professional learning to all staff in relation to anti-bullying
- * Develop and implement programs for bullying prevention
- * Embed anti-bullying messages into each curriculum area in every year
- * Provide early intervention support for students who are:
- * at risk of developing long-term difficulties with social relationships
- * identified as having previously experienced bullying at enrolment
- * Monitor and evaluate the effectiveness of this Anti-bullying Plan.

Parent responsibilities:

- * Report bullying ASAP
- * Support the development in their children to have a strong individual identity and self-confidence
- * Build resilience in their children through listening, discussion and by modelling resilience
- * Support their children to become responsible citizens and to develop responsible on-line behaviour
- * Seek advice and help from support agencies
- * Model and promote appropriate behaviour
- * Teach their children to be active bystanders
- * Talk to children regarding strategies to manage bullying
- * Work in partnership with Gol Gol Public School

Student responsibilities:

- * Report bullying ASAP
- * Take responsibility in looking after each other
- * Behave appropriately, respecting individual differences and diversity
- * Behave as responsible digital citizens
- * Be an active bystanders and discourage bullying
- * Be an active bystander and offer support to students being bullied and assist them in seeking help
- * Abide by NSW DET Core Rules and follow the school's Anti-bullying Plan

Role of Senior Students:

- * Raise the profile of Anti-bullying through student led workshops-including team building activities
- * Be active bystanders - leading by example

Who to report bullying to:

- * Class teacher in the classroom
- * Staff member
- * Teacher on duty in the playground
- * School Counsellor
- * A teacher you feel comfortable with
- * School Student Leader
- * Parents
- * Principal
- * Anti-Bullying Box (physical or electronic forms)

Strategies to assist in preventing bullying behaviour:

STRATEGY	PERSONNEL
Positive reinforcement of improved behaviour	All Staff
Listen and support students reporting bullying	All Staff
Use GGPS Anti-bullying Flowchart	All Staff

Student/Parent Interview	AP, P, T
Provide Parent Information	Principal
Mediation through trained Mediators/School Counsellor	Trained Staff
Utilise Peer Support/Student Leaders	Student Mentors
Staff Mentors	Individual Staff Members
Outside agency involvement (Child Wellbeing Unit, NSW Police, etc)	P, AP

Strategies to support those being bullied:

STRATEGY	PERSONNEL
Interview Student	Staff
Contact parents - Inform them of situation - Provide information and support - Ongoing communication regarding school actions	Staff
Peer Mentoring Program - Student Leadership Plan	Trained Students
Student Mentors	Trained Students
Provide opportunity for training/development of: - Assertive behaviour - Self confidence - Building resilience	Learning Support Team Staff
Outside agency involvement - Paediatrician, School Counsellor, Child Wellbeing Unit, etc.	P, AP

Procedures for dealing with incidents with bullying:

Refer to the Gol Gol Public School Behaviour Policy for consequences and strategies.

Important Contact Information:

* Gol Gol Public School/Counsellor	03 50248401
* Kids Helpline	1800 55 1800
* Child Wellbeing Unit	02 9269 9400

* 24 Hour Mental Health Hotline 1300 88 7000

Important Websites:

- * Youth Beyond Blue www.youthbeyondblue.com
- * Bullying NO WAY www.bullyingnoway.com.au

Attached:

- * Anti-bullying Flowchart
- * Anti-bullying Box Form